

Sample Letter To Member Of Congress

Month XX, 2008

Dear Representative/Senator,

As Congress makes decisions about abstinence education, I write to share my support for the healthiest approach to teaching young people about sex.

Abstinence education provides teens age-appropriate information about contraception and STDs, but always with in the context that abstinence is the only way to completely avoid the risks associated with casual sex. More importantly, students are taught how to set goals, set boundaries and build healthy relationships. Many published peer-reviewed studies show that abstinence education helps delay the onset of a teen's sexual behavior, helps teens who are already sexually active become abstinent, and has been associated with the overall decline in teen pregnancies across the United States.

Please support this risk-avoidance approach to teaching young people about sex.

Sincerely,

Name

Address